

# Coronavirus disease (COVID-19)

Mandatory Requirements FOR UNVACCINATED CHILDREN UNDER 12 YEARS arriving in Canada without COVID-19 symptoms and TRAVELLING WITH FULLY VACCINATED PARENTS OR GUARDIANS

The Government of Canada has put in place emergency measures under the *Quarantine Act* to slow the introduction and spread of COVID-19 and variants in Canada. Symptoms can take up to 14 days to develop and the virus can be transmitted to others. To help keep others safe, you must meet the requirements under the *Minimizing the Risk of Exposure to COVID-19 in Canada Order (Quarantine, Isolation and Other Obligations)*.

**Unvaccinated CHILDREN LESS THAN 12 YEARS OF AGE who enter Canada with their fully vaccinated parents, step-parents, guardians or tutors, are not required to quarantine upon entering Canada if both the child and the parents, step-parents, guardians or tutors, meet certain requirements in the Order and comply with the conditions imposed on them by the Minister of Health.**

## Public Health Measures

You must follow the public health measures listed below which set out the requirements under the Order and conditions imposed by the Minister of Health for your child and monitor their symptoms carefully for their own health and the safety of others.

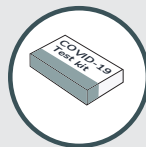
These measures apply only if the child does not develop symptoms, is not exposed to anyone with COVID-19 symptoms, or test positive for COVID-19. Provincial and territorial measures are guided by local epidemiology and local circumstances may require stricter measures. If your local jurisdiction requires additional measures, these must be followed.

For the next 14 days You MUST:



### LIMIT CONTACT WITH OTHERS

- › Stay in an acceptable place that allows the child to avoid all contact with persons who meet the following conditions:
  - › has an underlying medical condition that makes the person susceptible to complications related to COVID-19;
  - › has a compromised immune system from a medical condition or treatment; or
  - › is 65 years of age or older.
- › Make sure the child remains with their fully vaccinated parent and/or guardian, as much as possible.
- › Make sure the child enters public settings only in accordance with the instructions below, and wears a well-constructed, well-fitting mask to minimize the risk of introducing or spreading COVID-19.



### TAKE COVID-19 TESTS

- › Have the child take COVID-19 molecular tests as instructed (see separate handout for instructions), unless you have evidence that the child had a positive COVID-19 test taken 14 – 180 days prior to arrival in Canada OR the child is under 5 years of age.
  - › Should the child develop signs or symptoms or test positive, isolate them immediately, call the local public health authority, and follow their instructions.
- › Keep a copy of travel-related COVID-19 molecular test results for the next 14 days.
- › Upon request, provide the child's test results to the Government of Canada or government of the province or territory where you are staying or residing, or to the local public health authority.



### REPORT AND MONITOR

- › Monitor the child's health.
- › Maintain a list of names and contacts with whom the child came into close contact during the 14-day period.
- › For the next 14 days after entry to Canada if the child develops sign or symptoms or tests positive for COVID-19, you must:
  - › Report it immediately to PHAC by calling 1-833-641-0343, and
  - › Follow all local public health requirements, including quarantine or isolation.



**WARNING:** Your compliance with this Order is subject to monitoring, verification and enforcement. If you or your child do not comply, your child may not be exempted from quarantine. You and your child may also be transferred to a quarantine facility, face fines, tickets, and/or imprisonment.



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## Symptoms

Should any of the following symptoms appear, or the child receive a positive result for a COVID-19 molecular test before the expiry of the 14-day period that begins upon entry into Canada, immediately isolate the child away from others and call your local public health unit for further instructions.

- › new or worsening cough
- › shortness of breath/difficulty breathing
- › muscle or body aches, fatigue, weakness
- › feeling very unwell
- › new loss of smell or taste
- › feeling feverish, chills, or temperature equal to or over 38°C
- › skin changes or rashes
- › headaches
- › gastrointestinal symptoms like abdominal pain, diarrhea, or vomiting

## What your child CANNOT DO for the next 14 days

- › Attend a setting where they may have contact with vulnerable people (e.g. long term care facility), including with people who are immune compromised, regardless of that person's vaccination status or public health measures in place.
- › Attend school, camp or day care.
- › Travel on crowded public transportation that does not ensure physical distancing and masking (e.g. crowded subway).
- › Attend large crowded settings, indoors or outdoors, such as an amusement park or sporting event.

## What your child CAN DO for the next 14 days

- › Visit uncrowded public settings such as parks, beaches or going for a walk while wearing a mask unless physical distancing can be maintained.
- › Gather on your own property with people from multiple households provided the child wears a mask and maintains physical distance.
- › Take uncrowded public transportation such as a taxi, or rideshare provided masks are worn at all times.
- › Gather with a small group of people from outside the household who are all known to be fully vaccinated while your child wears a mask and maintains physical distancing.
- › Accompany you to essential settings such as a grocery store or pharmacy, provided the child wears a mask and maintains physical distancing.

## Public health authorities

Provinces and territories	Telephone number	Website
British Columbia	811	<a href="http://www.bccdc.ca/covid19">www.bccdc.ca/covid19</a>
Alberta	811	<a href="http://www.myhealth.alberta.ca">www.myhealth.alberta.ca</a>
Saskatchewan	811	<a href="http://www.saskhealthauthority.ca">www.saskhealthauthority.ca</a>
Manitoba	1-866-626-4862	<a href="https://manitoba.ca/covid19/restartmb/">https://manitoba.ca/covid19/restartmb/</a>
Ontario	1-866-797-0000	<a href="http://www.ontario.ca/coronavirus">www.ontario.ca/coronavirus</a>
Quebec	1-877-644-4545	<a href="http://www.quebec.ca/en/coronavirus">www.quebec.ca/en/coronavirus</a>
New Brunswick	811	<a href="http://www.gnb.ca/publichealth">www.gnb.ca/publichealth</a>
Nova Scotia	811	<a href="http://www.novascotia.ca/coronavirus">www.novascotia.ca/coronavirus</a>
Prince Edward Island	811	<a href="http://www.princeedwardisland.ca/covid19">www.princeedwardisland.ca/covid19</a>
Newfoundland and Labrador	811 or 1-888-709-2929	<a href="http://www.gov.nl.ca/covid-19">www.gov.nl.ca/covid-19</a>
Nunavut	1-867-975-5772	<a href="http://www.gov.nu.ca/health">www.gov.nu.ca/health</a>
Northwest Territories	811	<a href="http://www.gov.nt.ca/covid-19">www.gov.nt.ca/covid-19</a>
Yukon	811	<a href="http://www.yukon.ca/covid-19">www.yukon.ca/covid-19</a>